

## CO-OPS 2009 National Workshop

November 26<sup>th</sup> & 27<sup>th</sup> 2009

Crest Room, Etihad Stadium, Melbourne

### Call for Case Studies

#### Community-based Obesity Prevention Initiatives (CBOPI)

Dear Network Members and Colleagues,

The 2009 CO-OPS National Workshop aims to meet the needs of the network members in the areas of training, networking and sharing, and dissemination of work/findings. One of the key outcomes for this year's workshop is the development of a case study storybook focusing on community-based obesity prevention initiatives (CBOPI). The storybook of case studies will be widely distributed to existing projects and is intended to share lessons learnt amongst Community-based Obesity Prevention Initiatives (CBOPI) sites across Australia.

We would like you to draft a 250 word summary describing local community-based obesity prevention initiatives addressing one or more of the Best Practice Principles:

- Community engagement
- Design and Planning
- Evaluation
- Implementation and Sustainability
- Governance and Transparency

Fifteen case studies will be chosen to be presented at the National Workshop and all case studies submitted will be considered for inclusion in the case study storybook to be published in 2010. Practitioners who are successful in having their summary selected will have the opportunity to give a 15 minute presentation highlighting their project and sharing their experiences, successes, and failures with the CO-OPS network in attendance.

***As numbers are limited, please do not make any travel or accommodation arrangements until receiving confirmation of your attendance, via a return email from CO-OPS.***

***We hope that practitioners in community based obesity prevention support this National Workshop and the development of the case study story book.***

***Please take this opportunity to submit your 250 word summary and register for the CO-OPS 2009 National Workshop.***

Workshop registration forms and conference details are included with this email.

**All workshop registrations (including cocktail networking hour) and case study summaries are to be returned by the C.O.B. 23<sup>rd</sup> October 2009 to:**

Emma Smitten

Fax (03) 5227 8376

Email: [emma.smitten@deakin.edu.au](mailto:emma.smitten@deakin.edu.au)

Regards,

CO-OPS Secretariat

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### Workshop Registration and Case Study Summary Submission

Please complete the guest information if you wish to register for the CO-OPS National workshop. If you are involved in a Community-based Obesity Prevention Initiative (CBOPI) and intend to submit a case study summary for presentation please complete the full registration form. All registrations are must be returned to [emma.smitten@deakin.edu.au](mailto:emma.smitten@deakin.edu.au) by C.O.B. 23<sup>rd</sup> October 2009.

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GUEST INFORMATION	
Name	Email
Project Title	Phone
Job Title	Dietary Requirements
Cocktail Networking Hour Attendance	Y / N

Are you actively involved in a Community-based Obesity Prevention Initiative (CBOPI)?

Yes

(continue on to the remaining questions)

No

### STATE

Please select where your project is based.

QLD

NSW

ACT

VIC

TAS

SA

WA

NT

National

International

### PROJECT AGE GROUP

Please select the age group your project is based on.

Birth to 5 Years  
(preschool)

5-12 years  
(primary school)

12-18 years  
(adolescence)

Adults

Older Adults

## POPULATION GROUP

Please select the population group(s) your project is based on.

- Culturally and linguistically diverse (please specify)
- Indigenous
- High risk groups
- Low SES
- Disability
- Rural

## INTERVENTION FOCUS

Please select the intervention focus your project has taken

- Physical activity
- Nutrition
- Physical activity and nutrition
- Other (please specify)

## INTERVENTION TYPE

What type of intervention is your project based on?

- Social Marketing
- Capacity Building
- Individual behavior change
- Peer education
- Environments/ settings
- Other (please specify)

## EVALUATION

What evaluation process your project is using?

- Process
- Impact - Anthropometry
- Impact - Behaviors
- Impact - Environments
- Impact - Capacity building
- Impact - Qualitative
- Other (please specify)

